

SATTERTHWAITE PARISH COUNCIL NEWS

Satterthwaite Parish Council would like to welcome Howard Joseph onto the Council through co-option at the April meeting, and we welcome his expertise. We would also like to inform you that the second Community Governance consultation has now finished and our formal response was to remain as we are with the same boundaries. We are awaiting the final outcome from Westmorland and Furness Council. In the coming weeks we will have received quotes for a new playground in the village after consulting local companies and hope to progress this project soon. Please do contact us at clerk@satterthwaiteparishcouncil.gov.uk or visit our website: satterthwaiteparishcouncil.gov.uk. Our next meeting date and AGM is the 8th June 2026 7:15pm in the Satterthwaite Parish room. All welcome.
Dr Caroline Brock, Clerk to Satterthwaite Parish Council

Copy date for the June Edition, 26th May. Please send to: - Liz Cringle - 01229 860274 liggerc@hotmail.com; Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, bandftownsend@aol.com. Carol McNeill - crilmcneill@aol.com

PERSONAL

Congratulations to John and Laura Baker's son, Tom, who completed the London Marathon in an incredible time of 3:29:02 and raising over £5300 for Sue Ryder Homes



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Contact Jenny
07866545760

SATTERTHWAITE PARISH ROOM



Book this welcoming space for gatherings, parties, meetings, activities, work-outs, table tennis, children's play days, or as a work space (wi-fi provided)
www.satterthwaiteparishroom.org.uk

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Yoga for All Beings

Monday Satterthwaite Parish Room 5:30 pm - 6:45 pm
Evenings:
Thursday Rusland Reading Room
Evenings: 6:00pm - 7:15pm
Individual Request more info
Yoga:

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MAY 2026

331ST EDITION

This issue is sponsored by Forestry England

BLUEBELLS AND BLOSSOM

OLD FRIENDS ARE BACK!
The first Swallows were reported by Graham Jarvis - seen on 7th April at Crosslands, closely followed by Michelle and John at Roger Ridding on 12th. Bernie Galloway reports his swallows returned to Low Thwaite Bridge on the 23rd. Michelle and John and Elaine Hemmings at Thwaite Moss heard a Cuckoo on 26th, probably the same one!
Fran Townsend heard a distant Cuckoo over Parkamoor on 19th April and the Pepper House Martins arrived on St George's Day, 23rd April, two weeks later than last year

CALLING ALL FORMER PUPILS OF ALAN WILSON AT SATTERTHWAITE & RUSLAND PRIMARY SCHOOL
A celebration of the life of Alan Wilson, who died last year, is taking place at Ford Park House, in the 'Williams Room' on 30th May from 3-8pm. There will be live music and opportunities to share memories of him. All who knew him are welcome.
On the following day, 31st May, a number of former Satterthwaite & Rusland Primary School students are doing a walk, setting off from the picnic bench at Low Bowkerstead just around the corner from the old School, at 10am. Again, all are welcome to join. The walk will be following the same infamous 10-mile route which was an annual fundraiser for the School back in the day and something we all remember fondly.

GARDEN COMPETITIONS
Many thanks to those who entered the Spring Garden Competition. All 7 entries were judged recently on a gorgeous sunny day and the results will be made known at the Rusland Show in August.
The Summer Garden Competition is planned to be judged in mid-July so please start working towards your perfect display. Details of classes and entry procedure will be available next month. Colin Barr (cjbarr50@gmail.com).

NEWS FROM THE FOREST
17th May - Grizedale Biketreks - Funduro
Details from Biketreks 015394 31245
hire@biketreksgrizedale.co.uk
6th -7th June - "Sisters in the Wild"
Summer gathering based at Grizedale Campsite with various activities and social rides for women.
www.sistersinthewild.com
13th & 14th June - Ultra Trail Grizedale
A weekend of trail running based at Grizedale Campsite with 2 unique races, Saturday 8hr Trail Relay and Sunday 22km trail race.
www.forestryengland.uk/forest-event/events-grizedale/ultra-trail-grizedale

DOG CLUB
Carol's Dog Club has started again on Tuesdays 5.30 - 6.15 by Oxen Park Reading Room. A block of 5-6 weeks. All dogs welcome. £2 a week. Email to book in. crilmcneill@gmail.com
ATTENTION!!
With lambing and young animals and birds all over the area, please keep you dog on a lead near livestock. The law has tightened up with heavy fines possible. 'Close Control' is within 2 metres.

DALE PARK RAINFALL
The March total was 8.17" and 12 dry days (2025 7.53 and 6 dry.) April to the 26th 3.08" and 13 dry days (2025 8" and 10 dry.) The yearly total to date is 26.71" and 38 dry days (2025 35" and 33 dry days.)

THE BUTTERFLIES AND MOTHS OF BETHECAR MOOR

**TUESDAY 12TH MAY 2026 7.00 – 8:30PM
GREENODD VILLAGE HALL**

Bethecar Moor Common is home to a wide range of rare and beautiful butterflies and moths. Survey work began in 2025 to assess how special the site is and how these species are responding to changes in the management of some areas of the Common. Join us to learn about the species we found in 2025 and how you can help us survey this year. We will also be learning how to use the 'iRecord Butterflies' app, so if you have a smartphone, please download this and create an account ahead of the talk. During 2026, there will be 5 outdoor sessions to help monitor the butterflies on site and 2 moth mornings to come and meet some of the moths that call Bethecar home. Everyone is welcome, no experience is necessary. email Ryan Clark for more information euceraecology@outlook.com .

RUSLAND WITH BOUTH WI

At the April meeting Beth Pipe, author, radio presenter and self-described nosey hiker, among many other roles, talked animatedly about her recent book 'Cumbrian Yarn - the wool that binds the county'. It is about past and present wool production, containing fascinating facts that she and her husband, who took the photographs, discovered in their research. Have you ever noticed the metal yard measuring plaque on the wall of Ulverston police station? Members enjoyed a delicious soup and cake lunch at Abbot Park followed by a showing of The Ballad of Wallis Island at Oxen Park Cinema. Future Trips include a tour behind the scenes at Lakeland and a theatre trip to Bowness. Also, an IT session has been arranged with a professional. Meg Fletcher has raised £310 to be split between the Foodbank and St Marks, Barrow where we have sent and can still send bedding and towels etc. Her next fundraiser and plant sale is on May 23rd. A majority of members voted to support two National Federation resolutions:
1. Accessible public toilets, 2. Action for Women's homelessness. In a book review Marguerite Calvert recommended *44: A Dublin memoir* by Peter Sheridan. The next meeting is at Bouth on May 19th with a talk on Reducing Waste For further information about the Glitter and Glue craft afternoons and walking/dining group or any other WI business please contact. Judy on tspeed585@aol.com

HELP FROM CITIZENS ADVICE

Q. My mum doesn't live nearby, but we keep in touch by using the internet. I discovered today that she has been scammed into sending money to people she has never met, because she is very kind-hearted, and I think she has given away her bank details. Whatever can I do?
A. Online scammers take advantage of people's kindness, and some are very clever at gaining trust before they ask for money and bank details. It is very embarrassing to admit that you have been scammed, but the cleverest people can be caught out, and it's important to take action as soon as you can. Check if she can get her money back: Tell her bank about the scam as soon as possible - they might be able to stop the transaction before it reaches the other account. If the transaction went ahead, she can ask for a refund. The bank will make a decision by looking at the evidence, e.g. emails, and they should reply within 15 working days. Protect from further risks: If she feels personally threatened, she should call 999, and ignore all messages but report them to the police. Remind her to be very suspicious of requests for money from now on. Her bank should alter her account details to protect her, but keep an eye on her bank statements and look out for any unusual transactions. Also check her credit score to see if there are applications for credit you don't recognise. She should re-set her passwords and update her anti-virus software. Report the scam: Report the scam to Citizens Advice, who will pass it on to other relevant organisations. Your mother's evidence could help them stop the scammer targeting other people, and she should not feel embarrassed about it. If you need more help, contact South Lakes Citizens Advice to speak to an adviser. Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access: Call 015394 46464 (9.30am – 2pm,) Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday) · email advice via the submission page on our website www.southlakescab.org.uk South Lakes Citizens Advice is a local charity based in the heart of South Lakeland. Can you help us by giving six hours a week to train to be a volunteer and help local people, or by joining our Trustee Board, or by donating to support our vital service? If so, please contact Karen – manager@southlakesca.org.uk

CHURCH NEWS

Dear Friends

Let me start where John's very helpful editorial letter in April's Link finished. He wrote "And may the hope we celebrate on Easter morning shape the way we live every day." Amen to that (as we clergy say). His words are both very timely and very encouraging. Living in the light of Easter, and the resurrection of Jesus from the dead, is arguably the hallmark of the Christian faith and a very solid foundation for hope. And hope is surely a very precious commodity at the moment with all that's going on in the world.

The disciple Peter is a good example of someone who found such hope when he needed to. Before the crucifixion, Peter had denied even knowing Jesus and then wept bitterly for having done so. But a moment of weakness wasn't the last word for him, and it needn't be for us. St Luke tells us that it was only Peter from among the male disciples who went to confirm the women's story that Jesus' tomb was now empty. Out of this experience Peter became a changed man and a strong leader. Catherine Booth who, with her husband William founded the Salvation Army, demonstrated another type of hope "If we are to better the future, we must disturb the present" she once said. She was a remarkable woman. She had eight children of her own but also found time for administration and for preaching. One of her sons said of her speaking style "She reminded me again and again of counsel pleading with judge and jury for the life of the prisoner." Or, as another man put it, "If ever I am charged with a crime, don't bother to get any of the great lawyers to defend me; get that woman." Please contact John or myself with your own stories of hope. Warmest wishes, Nick Hallam

CHURCH SERVICES FOR MAY

Sunday	Colton	Rusland	Satterthwaite
May 3 rd	No Service	6pm Celtic Evening Prayer	
10 th	Lambing Service Abbot Park Farm	11am	11.15 Holy Communion
17 th	No Service	11.15 Holy Communion	
24 th	Pentecost Red MW	6pm Evensong	

Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
May 3 rd	9.30 Morning Worship	10.30 Morning Service	11.15 Holy Communion (CW)
10 th	9.30 Holy Communion 4pm Lego Church	10.30 Morning Worship	11.15 Matins
14 th	6pm Tarn Hows -Ascension Day Walk and Service		
17 th	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion (BCP)
24 th	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship
31 st			10. Benefice Holy Communion

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

ROOKHOW NEWS

Thanks for the fundraising concert - A huge thank you to everyone who came to the fundraising concert given by South Lakes Acapella Choir in April. We raised over £350 for the Retreat Away Fund which subsidises stays for community groups.
Quiet Day at Rookhow Thursday 14th May 10am-4pm - Seeing the wood *and* the trees'. A creative and reflective day with artist in residence Caroline Stow and geologist Clare de Villanueva. 10am-4pm. Bring a packed lunch. Suggested donation £30 (preferably cash on the day). Email info@rookhow.org.uk to book a place.
Another cleaner needed at Rookhow - We have 2 wonderful self employed cleaners at Rookhow Bunkbarn & Quaker Meeting House. If anyone else would like to join the team, please contact Sue Nicholls, Development Manager Email- info@rookhow.org.uk Tel 07377 971783. Turnarounds are usually 4-5 hours, Fridays, Sundays or mid week. Even a couple of days a month would help to fill gaps when our cleaners are away or have other commitments.
Volunteering at Rookhow -We're incredibly grateful to our volunteers for the time and energy they give to making Rookhow such a special place for so many groups and individuals. We hold volunteer work parties every Friday at Rookhow 9.30am-3.30pm. Tasks include gardening, DIY, splitting kindling, organising the garage storage, wood processing. Homemade cakes provided. Bring a packed lunch.
Quaker Meetings in the Rusland Valley - There is a Quaker Meeting for Worship at Rookhow on the 1st Wednesday of every month 7.30-8pm and on the 1st and 3rd Fridays 12.30-1pm. All are welcome, even if you haven't been to a Quaker Meeting before. Postcode: LA12 8LA