

RUSLAND VALLEY HORTICULTURAL SOCIETY
POTATO DAY

Sunday 19th January 2025 10am -2pm
GREENODD VILLAGE HALL
Admission £1 (children free)
HOMEMADE SOUP AND CAKES!

Sale of 120+ varieties of seed potatoes, fruit bushes & trees, seeds, onions, flower bulbs and tubers, and more! (supplied by Brighter Blooms Nursery, Preston)
See Brighter Blooms website for lists of produce available:
www.brighterblooms.co.uk

PERSONAL

- Congratulations to Emma Nield and John Postlethwaite on the birth of Lilly Rose on 14 October.
- We are very sad to report the recent death of Donald Wilkinson. Like his twin-brother, Gordon, he spent much of his life at Crosslands and was a very keen supporter of the Rusland Show, even winning 13 prizes and a cup this year, despite not being well. He will be a great loss to us all but especially to his family and our thoughts are with Maureen and Graham in particular.

Copy date for December edition: 26th November 2024. Please send to: - Liz Cringle - 01229 860274 liggerc@hotmail.com; Frances Townsend - *Pepper House, Satterthwaite* Tel: 01229 860206, pandftownsend@gmail.com; Carol McNeill – crlmceill@gmail.com



RUSLAND READING ROOM

FOR HIRE

Contact: Kirsty Mawhinney
Mobile: 07766000106
Email: bookings.ruslandreadingroom@gmail.com

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YOGA

Yoga is known to have many benefits to health & well-being. The sessions I offer are tailored to the various needs of groups & individuals.

If you're interested in finding out more about classes, 1-1 or bespoke sessions please contact Jenny on:- 07866545760

All proceeds go to the
'Revival of Satterthwaite Parish Rooms'
Project

TO ADVERTISE IN THIS SPACE

CONTACT CLARE FARNWORTH

clare.farnworth@gmail.com

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NEED SOMEONE TO TALK TO?

Life can be tough at times. As a fully qualified BACP registered counsellor /psychotherapist, I can offer you a caring, compassionate and confidential space to explore your worries. Please contact me for a free, no obligation, 20 minute consultation. I offer face to face, 'walk and talk' and online sessions.

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NOVEMBER 2024

316th EDITION

This issue is sponsored by Forestry England

PUMPKINS, PYROTECHNICS AND POPPIES

WREATH-MAKING WORKSHOP
Fancy a fun evening making your own door wreath for Christmas? Following on from last year's sell-out event, Pauline is back with her fun workshop at the Satterthwaite Parish Rooms, 18.30 on Tuesday 3 December. It's £35 per person, which includes all foliage and decorative pieces, as well as a glass of mulled wine and Christmas chocolates! To book your place, contact Pauline on 07815 555454 or by email ppw211@hotmail.com.

A SPLENDID EFFORT
The coffee morning at Abbot Park Farm tearoom last month raised a staggering £800 for Macmillan Cancer Support. Well done to Carole, Carron and the team for laying on such a magnificent spread and to those who consumed same and donated. Special congratulations to young Rosie whose Guess the Sheep's Name raised £53. (It was 'Peggy'!)

SATTERTHWAITE CAROLS AT CHRISTMAS
As there is no WI carol evening in Satterthwaite this year, get your carol singing fix at the Carol Service in the Church, Sunday 22nd December at 4pm, and round the tree on Christmas Eve - details in December newsletter.

SOCIAL SUPPER
Thanks to all who supported and helped at this hugely enjoyable evening at Satterthwaite Parish Rooms on 12th October. Special thanks to Simon for the amazing food and to Mike A for the well-stocked bar. A profit of some £650 was raised towards the regeneration project and on that note, owing to some recently-received grant-aid, work is about to start on insulating the kitchen ceiling and installing a new double-glazed window in the kitchen.

THE LONG WAY HOME
A cosy evening of storytelling and song about Cumbria's Celtic connections performed by Dave Camlin and Jessie McMeekin
Saturday 9th November at 7pm
Finsthwaite and Lakeside Village Hall.
Tickets are available now from Meg on 015395 30092 or meglayfield@btinternet.com.
Cash Payment can be made on the night at the door.

OXEN PARK CINEMA CLUB
November/December films are all filling up, so book in soon to reserve a seat. Check the website for full details and booking a seat. www.oxenparkcinemaclub.org.uk
5th November - Supper Special. 6.30 - Supper at The Manor followed by *The Great Escaper*
16th - Wilding - 4pm and 7.30 - Both now full.
17th - Six Inches of Soil - 4pm and 7.30
3rd December - Anatomy of A Fall
14th December - The Holdovers
28th December - our Christmas family film - Toy Story at 4.30pm
Don't forget our latest Reading Room fundraising event on Friday 8th November - a presentation at The Carhouse Community Cinema - 'Back to the Land' -a panel of local farmers come together to answer questions about the latest challenges they are coping with for survival. You must book in advance with Carol McNeill crlmceill@aol.com

DIARY DATES
Saturday 23rd November - Mid Life Crisis, Eagle's Head, 9.00pm
Sunday 1st December - Lakelandpaws CaniCross event, Grizedale Forest - cross country running with your dog! Details: lakelandpaws.com/events
Saturday 7th December- Grizedale Stages Rally - on BOTH sides of the Forest, so all paths closed

GRIZEDALE DELIVERY

At present we have nobody to deliver this newsletter in the Grizedale area. If you are able to help, please contact cjbarr50@gmail.com. If no one comes forward, we will investigate leaving them somewhere for collection."

COLTON PARISH COUNCIL NEWS

Foodbank Christmas Appeal

Once again volunteers across Colton will be supporting local foodbanks with their Christmas appeal. You can take part by donating food, toiletries and other essentials. In addition, the Food Bank will distribute festive items such as children's sweets, desserts, biscuits, cakes, and cordials etc.; so, contributions of these items would also be greatly appreciated.

From 11th- 15th November there will collection points in many of our local villages, including Bouth, Oxen Park, Nibthwaite, Spark Bridge, Finsthwaite & Lakeside and Rusland. See noticeboards or speak to your Parish Councillors for details.

Alternatively, you can donate money on the Foodbank website to help cover the cost of food vouchers, which will be issued to those in need over the festive season. See <https://barrow.foodbank.org.uk/give-help/donate-money/>

A big THANK YOU in anticipation of all your generous donations

Potholes and other road repairs.

Over the last month the Highways team has been out fixing Potholes across our parish. A big thank you to everyone who has taken the time to report these problems to Westmorland & Furness Council, because bringing them to the attention of the Council benefits us all. Please continue to report any problems so they can be dealt with appropriately see:

<https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/streets-roads-and-pavements>

Issues on minor roads, such as clearing drains, can be reported to the Parish Council to be dealt with by Archie, our Lengthsman, so long as it is safe and practical for him to do so.

Colton Parish Council has a vacancy for a new clerk.

This is a paid position; 10 hours a week. If you are interested, please get in touch. Training is available if required. Email clerk@coltonparishcouncil.org.uk

Our next meeting is at 7pm on Monday 11th November 2024 at Bouth Village Hall. All welcome!

RUSLAND HORIZONS TRUST

"At its recent Extraordinary General Meeting and AGM, the membership of the Rusland Horizons Trust Ltd agreed to close the Trust and to convert its activities into a Rusland Valley Support Group of the Cumbria Wildlife Trust which is to be set up shortly. More details will become available soon.

RUSLAND WITH BOUTH WI

We met at Finsthwaite in October when we were delighted to welcome our old friend Joan Bentley, who gave her usual wonderful demonstration of flower arranging, this time with a Christmas theme. The many beautiful arrangements were raffled at the end. A workshop with Joan has been arranged for Monday 2nd December at Rusland Reading Room. The October Walk was round Tarn Hows with photographs taken on the brand-new seats only placed the day before the walk. Two teams have been entered in the Federation Quiz Night at the beginning of November and later that month there will be an outing to Pure Lakes at Far Sawrey. The next meeting on Tuesday, 19th November at Rusland Reading Room at 7.30 p.m. is the annual business one but afterwards our member, Meg Fletcher, will be talking about Rwanda. All welcome.

SATTERTHWAITE PARISH COUNCIL

We would like to thank everyone who attended the litter pick for all their hard work. We would also like to thank everyone who attended the BBQ. It was a good turnout, and the food was lovely. Thank you to everyone who gave up their time to set up, cook, and serve the drinks. We could not do these events without you.

Following on from the BBQ, the Parish Council is holding another Games Night on 7th February 2025, 5pm-7pm in the Eagles Head, which will, hopefully, give you all something to look forward to on a dark winter evening.

The Parish Council have received quotes for a new shed, fencing, tennis court surfacing and new net and will be drawing up an application to the Bed of the Lake for a grant to carry out this work. The application needs to be in by early November.

The next meeting is on Monday 25th November at 7pm Satterthwaite Parish Room.

DALE PARK RAINFALL

The September total was 4.77" (12dry days) 2023 11.89" (11dry). October rainfall to 26th is 6.46" (11dry days) 2023 6.7" (6 dry)

CHURCH NEWS

Dear Friends,

Imagine you are on a beach in summer (perhaps a challenge with autumn here). It is a perfectly ordinary beach. In fact, perhaps it is a little too ordinary, a bit boring in fact. So, you put on a pair of goggles and go for a swim. And once in the water for the first time in your life you see a tropical reef, not far below the surface. You are struck by the rich variety of colours, the iridescent profusion of fish, the wondrous patterns of corals and sponges and anemones. It is the most beautiful thing you have ever seen. It is all you can do to stop yourself laughing out loud, which would be a mistake with your head underwater. When you climb out of the water you look back to where you have just been swimming. With the refraction of sun and sky and the turbulence of the waves, all you can see is an uninteresting shadowy rocky formation below the rolling sea. We do not have to go to a tropical reef for something like that to happen. In all sorts of situations there can be moments when it seems like something falls away, and we see deeper, below the surface of everyday attention, and we get a glimpse of an unseen beauty and wonder in places and in people that seems to expand our consciousness. Perhaps those moments do not happen as often as we wish they would, but they can and do happen. A new angle on life can reveal to us the depth of beauty in places and people that we usually take for granted.

John

CHURCH SERVICES FOR NOVEMBER

Sunday	Colton	Rusland	Satterthwaite
Nov 3 rd		5pm Celtic Evening Prayer	
10 th			6pm Remembrance Service
17 th		5pm Evensong	
24 th		11.15 Holy Communion	
Sunday	Hawkshead Church	Hawkshead Hill Baptists	Sawrey
Nov 3 rd	9.30 Morning Worship	10.30 Morning Service	11.15 All Souls Service
10 th	10.55 Remembrance Service 4 pm Lego Church	10.30 Morning Service	9.30 Remembrance Service
17 th	9.30 Holy Communion	10.30 Morning Service	11.15 Holy Communion BCP
24 th	9.30 Holy Communion	10.30 Morning Service	11.15 Morning Worship

Thursdays at 10am Hawkshead Methodist Church 'Time at 10'

CONCERT AT ROOKHOW on TUESDAY 26TH NOVEMBER 8-9PM



We are really excited that the music ensemble Propellor, who will be staying at Rookhow at the end of November to make a recording, have offered to perform a short atmospheric concert with Hardanger fiddle and clarinet on Tuesday 26th November at 8pm. The soloists will be Jack McNeill, clarinet and Charlie Wild, hardanger fiddle. Jack is an incredibly talented and versatile local professional performer, composer and arranger who is a Catalyst artist in residence for Cumbria (2024-25).

Please email Sue to reserve a seat. Email- contactrookhow@gmail.com Donations on the door (suggested donation £5-10) in aid of their community projects. Please car share or park at the Rusland Reading Rooms and walk if you can. Limited parking for people with mobility difficulties (or