

## PERSONAL

Whilst there have been a number of deaths in the Valley since the last edition, the following is the only one of which we have details.

- Frances Agnes Newby, aged 90, died in August 2020. Frances nee Armitstead, was born at Ickenthaite but after she married, lived at Tanyard Cottages with her husband George. George was one of the council roadmen and Frances worked at Rusland Hall Farm and then at Lakeside YMCA. She looked after the Rusland Reading Rooms and worked hard for the Rusland Show.
- Good wishes to all those not well at present, particularly, Giles Wingate Saul, who is in Hospital, Frank Slater and John Walton.

**VACANCY FOR A PARISH COUNCILLOR** for the Central Ward which covers Bouth and Rusland. If you are interested in being co-opted to the Parish Council and having a say in the future of our Parish, please contact the Clerk on [clerk@coltonparishcouncil.org.uk](mailto:clerk@coltonparishcouncil.org.uk) for more information

A parish councillor must be 18 or over, a British subject and be (a) an elector of the parish; or (b) a person who, over the whole of the last 12 months, has been owner or tenant of land or premises in the ward or has lived in the ward (or within 3 miles of it) or has had his/her principal place of work in the ward.

The closing date for applications is Friday 10th September and we hope to make a decision on the successful candidate at the meeting on 13th September.

Copy date for October edition, 27<sup>th</sup> September. Please send to: -Liz Cringle -01229 860274 [liggerc@hotmail.com](mailto:liggerc@hotmail.com) ; Gordon Wilkinson – Crosslands Tel: 01229 860253; or Frances Townsend - Pepper House, Satterthwaite Tel: 01229 860206, [pandftownsend@gmail.com](mailto:pandftownsend@gmail.com).

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SEPTEMBER 2021

282<sup>ND</sup>

This edition is sponsored by the Newsletter's Treasurer, Edward Collins

# BACK AGAIN!

The Newsletter's Treasurer hopes that our regular sponsors (and new ones welcome) will be willing to resume their support when he gets in touch with them.

**UPDATE FROM RUSLAND HORIZONS**  
We thought readers would like to know what Rusland Horizons has been up since the newsletter was last published. While it has been generally viewed as a period of dormancy for the charity, a lot has been going on. Our Rusland's Atlantic Rainforest project was shortlisted in an international competition for funding. While we didn't win, the interest this bid generated for RHT (Rusland Horizons Trust), both locally and further afield, has been really valuable for our work in woodlands. Just before the summer break, we ran an "Eden North" project, in conjunction with Furness College and University of Central Lancashire, to enable disadvantaged students to experience the outdoors and become more familiar with the natural world. The feedback from the students has been heartwarming positive. We are planning more of these, subject to funding. There have been workshops and events to suit all tastes – Walling, Woodland Maintenance, Ancient Tree Identification, a Dawn Chorus Walk, Wildflower Guided Walks, Bracken and Rhodie Bashing, and Moth and Butterfly Strolls. Facebook followers have been able to read regular posts in our Rusland Horizons and Wild about Rusland Groups. Of particular interest have been the weekly series of posts on Wildflowers, Bird song, Mammals, Wet Woodland Wednesdays and more, all of which can still be read in Facebook.

We recorded the words, thoughts and images of the community during lockdown in our short Living History project. Well worth a visit to our website to see. Our first calendar competition was a great success in several respects – we discovered how many excellent photographers we had within our midst; we are reminded daily, throughout the year, of the beautiful places within the Rusland Valley; we sold out and, as a result, gathered some necessary income for the Trust. The deadline for entries to the 2022 competition is not far off. Get clicking! With the help of many willing volunteers, we have monitored and maintained the many Dormouse boxes

scattered around the valley. We continue to live in hope of a sighting!  
Volunteers have also been critical to the feasibility study regarding the possible reintroduction of pine marten, led by the University of Cumbria Boom project. They have carried out surveys and helped set camera traps in the woods. Acorns were collected by many and the resultant seedlings are thriving, soon to be planted out. Add to the above, more Dreaming of Rusland drawings from Eleanor Chaney, a podcast featuring our Chairman, Marion Brown, and the owners of Great Lindeth Woods, great demand for the Greenwood Trail Walks maps and a number of other activities. Our 'dormant' period has, in fact, been pretty busy. The emphasis now is upon raising money through funding applications so that we can take forward our work on Woodland preservation and conservation and the introduction of those, for whom the outdoors is unknown, to the wonders of nature. We look forward to seeing you again in person and to your continuing support of and involvement with our activities. [www.ruslandhorizons.org](http://www.ruslandhorizons.org) and [hello@ruslandhorizontrust.org](mailto:hello@ruslandhorizontrust.org)

**A VOICE FROM THE TRENCHES 1914-1918 FROM THE DIARIES AND SKETCHBOOKS OF BERNARD EYRE WALKER, A CUMBRIAN ARTIST**  
When Sara Woodall discovered her great uncle's mud-splattered notebooks in an archive box in Leeds, she realised that illustrated accounts by stretcher-bearers were rare and that these diaries gave a unique insight into the war. Before 1914, Bernard Eyre Walker was a landscape artist and an Associate Member of the Royal Society of Painters-Etchers. After the war he lived most of his life in Cumbria and became one of the Lake District's foremost water colourists. By unearthing and editing his diaries and sketchbooks Sara has given us a rare insight into a neglected aspect of the conflict. In clear unvarnished prose and through vivid line drawings, Eyre Walker poignantly conveys the immense tragedy played out on the Western Front. Here is the rich revelation of an individual and an important contribution to history. Published 2020 the by Blackthorn Press, £19.95

### SATTERTHWAITE PARISH COUNCIL NEWS

Well, what a year we have all had! 2020 and 2021 haven't been kind to any of us but, hopefully, things are now improving and we will be able to get out and about a bit more, whilst keeping safe and well. The Parish Council have been meeting via zoom until the end of June when we had our first face to face meeting which was strange.

I will fill you in on some of the things we have been doing over the last year. Firstly, we would like to thank Dave Walker for all of the years he has been our lengthsman and all the hard work he has done over the years. We have appointed a new lengthsman Archie Workman, as due to Dave's other commitments he is now unable to find time to undertake the lengthsman duties.

We have been working with the SLDC District Councillors over the last year, as regards roads, antisocial behaviour, grants for businesses restarting and also the new Government boundaries for the district councils, which has suggested we will now be in the area covered by Whitehaven. If anyone has comments regarding this, please contact your local District Councillor.

Over the past year crime in the area has increased greatly. We have had a meeting recently of the Satterthwaite and Rusland Rural Crime Initiative, discussing activities in the area. One of the cameras that we have in place, provided a number plate for a vehicle involved in a theft, leading to the person being prosecuted, which was really good news. Poaching has also increased over the last few months. If anyone sees a suspicious vehicle or activity, please report it to 101 and if it is an active crime, please ring 999, please don't approach them. Our next Parish Council meeting is on 7th September at 7pm in the Forestry Office at Grizedale and the October meeting is on 18th, venue to be confirmed. If you would like to contact us, please email [clerk.satterthwaitepc@gmail.com](mailto:clerk.satterthwaitepc@gmail.com)

### GREENING OUR ENVIRONMENT

A new community action group, GREEN SPARKS, is being launched at Spark Bridge Village Hall on Saturday 18th September (2-4pm). If you are interested in helping nature and caring for your local environment, please come along, bring your ideas, and find out about local projects that promote sustainability and nature recovery. For more information contact [greensparks.sparkbridge@gmail.com](mailto:greensparks.sparkbridge@gmail.com)

Colton PC have applied for funding from the Cumbria County Council Highways Greening Fund to 'green up' with wild flowers and native tree planting some of the neglected corners of the Parish. If successful, work will be undertaken with the help of the Rusland Horizons Trust at sites in Rusland, Colton, Bouth, Finsthwaite and Low Longmire

### AUTUMN ACTIVITIES

Ping Pong has now resumed at Oxen Park Reading Room – Saturdays 10am to 12noon. Sadly, there are no dates yet for Scottish Country Dancing at Satterthwaite Parish Room or Yoga at the Yan

### RUSLAND and DISTRICT WI

For most of the past 18 months our WI has continued to meet via Zoom and we have had some excellent speakers, some of whom were from a much greater distance than usual as they didn't have to physically travel to meet us. We also started a Zoom book group - not to discuss a particular book but to recommend books we had enjoyed during lockdown.

In July this year when restrictions eased, we had a picnic lunch party in Marian Martindale's lovely garden in Finsthwaite on a beautiful summer's day. This was followed in August by a croquet evening at Greenodd finishing with a supper of fish and chips. Both events were very well attended. Our next meeting is on Tuesday, 21st September at 7.30 p.m. at the Rusland Reading Room when our speaker will be Cat from *Cut the Wrap*. This meeting is, appropriately, being held in Climate Coalition's "Great Big Green Week."

In October we have an artist coming, when we will all be testing our artistic talent! More details next month.

All welcome - why not join this lively bunch of ladies.

### DALE PARK RAINFALL

The total rainfall for July this year was 4.72", almost exactly half the July 2020 amount. The total rainfall for this year until the end of July is 38.67" (2020 46.26")

### OXEN PARK CINEMA CLUB

We are so pleased to be getting going again and have a great medley of films to show this Autumn.

Film shows are now fixed until Christmas. 2 shows for each film - Tuesdays and the following Sunday with the same restrictions we had before – maximum of 15 now, masks to be worn, one way system, plenty of ventilation.

Lookout for Official Secrets (7 & 12<sup>th</sup>) & Space Walker (21<sup>st</sup> & 26<sup>th</sup>) in September, Nomadland (5 & 10<sup>th</sup>) and Parasite (19 & 24<sup>th</sup>) in October, Balloon (2 & 7<sup>th</sup>) and Sweet Country (16, & 21<sup>st</sup>) in November, Minari (30<sup>th</sup> Nov & 5<sup>th</sup> Dec) and Sound of Metal (14 & 19<sup>th</sup>) in December.

Pre-booking essential with Carol.

We are going to hold a film making course in the Spring of 2022 – this will be for anyone over 12 and will be held at The Outback Hall. It will be run by Signal Film and Media (Barrow). Let Carol know if you are interested in being kept up to date with dates, details etc.

### AMBLESIDE COMMUNITY FOOD CLUB

#### WHEN AND WHERE WILL IT BE?

Every Wednesday 10.30am - 12.00pm at Ambleside Parish Centre.

#### HOW DO YOU JOIN AND IS THERE A COST?

No joining fees. Come along on any Wednesday and complete a membership form.

£3 weekly donation is optional but welcomed.

#### WILL THERE BE SUPPORT FOR PEOPLE IN NEED?

Yes! Anyone in need of support with food will be given the option to receive a weekly food box with some additional essential items Those needing further support can be referred directly to Windermere & District Food Bank. Delivery of these boxes will be made available if required.

### CHURCH NEWS

Dear Friends,

As I write this, lockdown measures have eased, and we are looking forward to a return to something like normality. We still have no real idea how long that will take, and whether the new normal will be substantially different from the old normal.

Many words are being written and spoken about how the pandemic has changed our lives. Are we going to be working from home more, travelling less, living more sustainably and so on?

No doubt we'll all react differently. Like animals that have been shut in a room, some of us will come bounding out and others will be far more cautious.

I am sure, though, that something has changed, something about our understanding of ourselves as a race.

The reason is that there is scarcely a person whose life hasn't been profoundly affected by the virus and its fallout. It has shaken our confidence about what we previously took for granted.

During the last century the human race has worked hard to gain mastery over all the unpredictable and hitherto uncontrollable aspects of our natural environment. We are in control and we have achieved that control all by ourselves. That is what we have come to understand as normal.

But maybe that is the old normal. Maybe in the new normal we a little humbler.

I wonder if a year and a half into the pandemic we're perhaps better placed to think what a human being is than we have been for more than a century. What do we really need physically, emotionally and spiritually, in order to prosper? And where do we get that from?

John

### CHURCH SERVICES FOR SEPTEMBER

Sunday	Colton	Rusland	Satterthwaite
Sept. 5 <sup>th</sup>		6pm Celtic Evening Prayer	
12 <sup>th</sup>		11.15 Holy Communion	6pm Holy Communion
19 <sup>th</sup>		6pm Evensong	
26 <sup>th</sup>		11.15 Harvest Festival	

  

Sunday	Hawkshead Church	Sawrey
Sept 5 <sup>th</sup>	9.30 Holy Communion	11.15 Holy Communion
12 <sup>th</sup>	9.30 Holy Communion	11.15 H.C. with Baptism
19 <sup>th</sup>	9.30 Holy Communion	11.15 Holy Communion
26 <sup>th</sup>	9.30 Harvest Festival Service	11.15 Morning Worship

### ROOKHOW NEWS AND EVENTS

A busy Summer at Rookhow with lots of Bunk Barn guests, regular volunteer work parties and ongoing renovation work. Thanks to a grant from Historic England, the chimney has been rebuilt and more of the stone floors in the Meeting House have been restored. We are awaiting planning permission for the installation of an air source heat pump and adapting the side entrance to be wheelchair accessible, with accessible toilet facilities. We have funded several mental health groups to stay at Rookhow and enjoy the woodland. Further groups are being invited to apply (next deadline 1st October).

Following the success of our online activities during Covid, we are planning a few in person events before we close the Meeting House in mid-November for the next stage of renovation work.

Thursday 23rd September 10-11.30am Open Coffee Morning at Rookhow, especially for local people to come and have a look around. All welcome. Tea & coffee provided. Cakes welcome.

Wednesday 6th-Friday 8th October Cop 26 Pilgrimage Retreat at Rookhow (residential), with Monthly Meeting for Worship on the Wednesday evening 7.30pm to which all local people are welcome. Contact Sue for more details. If people from local churches would like to join the walks, we would love to hear from you.

Thursday 14th October 12noon-2pm Open Lunch (bring your own!) and short Quaker Meeting at 1-1.20pm, especially for local people

Friday 10th-Sunday 12th December Volunteer hedge planting weekend at Rookhow (residential or join for the days)

For more details of our events or enquiries about bookings, please contact Sue Nicholls, Rookhow Development Manager

Email: [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com) Tel 07557 919879

Website: [rookhow.org.uk](http://rookhow.org.uk).

Postcode: LA12 8LA

### LAUNDRY SERVICE NEEDED

We're looking for a firm or individual to process the laundry Bunk Barn bookings at Rookhow, Rusland. Does anyone know of anyone who would be interested/ a good firm locally who could pick up and drop off? Please contact Sue Tel 07557 919879. Email: [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com)