

DIARY DATES

April	Tues	3 rd	Oxen Park Cinema Club – “ Locke”- The Cart House – 7.30pm
	Thurs	5 th	“Thrills and Spills of Life and the Law.” Hawkshead Lower Market Hall – 7.30pm
	Tues	10 th	Dog Club – Oxen Park Reading Room - 6 – 6.45pm
	Tues	17 th	Rusland and District WI – Rusland Reading Room – 7.30pm
	Thurs	19 th	Benefice Walk – meet at 10.30am nr Watermill Inn, Ings.
	Sat	21 st	Oxen Park Cinema Club – “Paterson” – The Cart House – 7.30pm
	Mon	30 th	“ Travels in Latin America” – Hawkshead Lower Market Hall – 7.30pm
			Satterthwaite Parish Council Meeting - Forestry Commission Offices – 7.30pm

PERSONAL

- We are sad to announce that Peter Waring, late of Bandrake Head, passed away suddenly on March 6th. He will be much missed by his extensive local family and by all those who knew him

Copy date for May edition, 20th April. Please send to: - Liz Cringle Tel: 01229 860274, liggerc@hotmail.com; Colin Barr – Oxen Park Tel: 01229 861408, cj.barr@btinternet.com; Gordon Wilkinson – Crosslands Tel: 01229 860253; Frances Townsend - Pepper House Tel: 01229 860206, pandftownsend@gmail.com; Sylvia Chadwick – Monks Cottage Tel: 015395 31685.

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APRIL 2018

258th EDITION

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HAPPY EASTER!

RUSLAND VALLEY SPRING SHOW

On the 24th and 25th March we held our annual Spring Show in the Rusland Reading Room. We were blessed with the most amazing weather. At the beginning of the week the weather wasn't too kind with wind scorched foliage at the flower workshop and grumblings of no decent flower or daffodils not blooming. Along with that the main pole of the marquee snapped and needed to be replaced. But --- on Saturday morning everyone started to arrive with amazing flowers, painting, home produce and crafts. The display of entries was beautiful and the scent from the flowers filled the tent. Judging started with enthusiasm and the kitchen was full of preparations for a feast of soup, sandwiches and homemade cakes. Rusland Horizons were making bird boxes, bug nests, and woodland crafts with children. Sarah Jackson was busy face painting on both days. On Sunday the Furness Clog Dancers put on a lovely display demonstrating different traditional dances and encouraging audience participation. This year we had new prizes in memory of two of our founder members. Gordon Wilkinson made a beautiful wooden bowl in memory of Elsie Wilkinson for the most points in the Home Produce section Janet Benefield gave a prize in memory of Chris Benefield for the best painting. The Trophy for the most points overall was won by Judi Winterson and Anne Robinson. The Elsie Wilkinson Memorial Trophy for the most points in Home Produce was won by Anne Robinson. The Thelma Kellgren Memorial Trophy was won by Leven Valley School. The Chris Benefield Memorial prize was won by Adrian Gough Overall it was an amazing weekend with lots of people coming along, enjoying the activities, food, displays, dancing and entries. The Committee would like to say a big "Thank You" to all the helpers without whom there would be no show; to all the competitors who worked hard to produce such lovely products which made a super display for everyone to enjoy and also to local businesses for donating prizes to the raffle. See you next year!

CHEESE AND WINE - TALK AND TASTING

Presented by BOOTH'S
in aid of Rusland and District WI
Saturday 5th May - 7pm - Satterthwaite Parish Room
£7.50pp including a glass of wine
Raffle in aid of Mountain Rescue
Tickets available from: -
Cheryl - cherylramsdens@icloud.com
Anne - ruslandannie@hotmail.co.uk

TRY A NEW HOBBY THIS SPRING!

Hawkshead Crown Green Bowling Club are looking for new members. Beginners, and more experienced players, are welcome at our friendly club to play Crown Green bowls on a very nice green in Hawkshead. Wednesday evening is club night for relaxed bowling and we have 3 teams in local leagues for the more competitive. Bowling is a healthy outdoor, sociable activity for men and women of any age. To give it a try, or for more details contact David Hoyle on 01229 860390 or davidhoyle1@gmail.com

HITTING THE 1ST!

The Newsletter submission deadline will be a week earlier from now on, so that we can try and make sure that the Newsletter hits your doormat on the 1st of each month. By the time Liz has typed up the newsletter, sent it to the printer, the printer has printed it, one of the gang-of-three has delivered bundles to the deliverers, and the deliverers have popped it through your letterbox, several days may have passed by. Arguably, we have tried to be too ambitious up until now and, frequently, the newsletter is arriving with you after some of the featured events have already happened. So, please note the new 'copy deadline' on the back page – forewarned is forearmed!

RAINFALL IN FEBRUARY

Ulverston	Oxen Park	Dale Park	Brathay
2.33	3.48	4.63	4.93

The figure to 26th March for Dale Park is 2.69", making a total this year of 14.75" (2017 - 20.87") There have been 31 dry days so far (2017- 9 dry days). And we thought we were having a bad winter!

NEWS FROM THE MANOR

As the new team at the Oxen Park pub settles into delivering reliable and good-quality service, attention is focusing on upgrading the accommodation (B&B), finalising a brand-new website and furnishing the patio area, ready for those long sunny, summer days ahead. Meanwhile, the Oxen Park pub is open 7 nights a week and for weekend lunches. Open mic night will be Friday 20th April and, as ever, Wednesday remains as 'Curry night'. Please always book ahead for meals on 01229 861345.

COLTON PARISH COUNCIL NEWS

Lengthsman: Another hectic month for the Lengthsman, making maximum use of the hours that the parish allocates to this role. Lakeside has had drains uncovered, unblocked and verges cut back to try and ease flooding on the road. Lowick Bridge has had potholes temporarily filled in and logged on the Highways Hotline for a more permanent repair. Penny Bridge has had some attention to trees and verges. Ickenthaite got blocked drains cleared. Rusland Vicarage Triangle not only had the drains cleared but had a visit from Cumbria County Council staff to plan a way forward to reduce road flooding in this area.

Highways Hotline: This is a reminder to you all that you can log any issues you have with regards highways via the online system. Go to www.cumbria.gov.uk and 'Report a highway fault', whilst the system is a great way of alerting Cumbria County Council to issues that we have within the parish it needs to be noted that when an issue it closed/completed it doesn't mean the issue is no longer there. It means that Cumbria County Council have logged the fault and it is timetabled for action.

Councillor vacancy: The council is still looking for a volunteer from the Finsthwaite and Lakeside area to become a councillor for this ward. We are particularly keen to have someone from this area to represent the views of local people both at council meetings and within the wider community. If you or anyone you know may be interested in this role then do get in touch for an informal chat.

GDPR: It is hard not to have heard about GDPR; or as most of us are referring to it as the new Data Protection laws as we keep being reminded about how organisations need to be ready for the changes. Parish councils are no different. The Clerk and one of the councillors recently attend a training course to help get the council ready to be compliant. It must be said that in principle the changes are easy to understand and that with the use of the Information Commissioner's Office website www.ico.org.uk any organisation handling data can be compliant.

Date for your diary: The Annual Parish Open Meeting & the Annual Colton Parish Council Meeting are to be held on Monday 14th May, 7pm at Bouth Village Hall. All are welcome to attend, there is the chance to hear the Chairman's report which reflects the work of the council over the past 12 months.

CHARITY YOGA RETREAT AT GRIZEDALE

Friday 13th July 6pm - Sunday 15th July 2.30pm
Jenny Armstead (Old Vicarage, Satterthwaite) is organising a Yoga Retreat weekend at the Yan in aid of a specific cancer charity. It is residential for people coming from out of the area, but there are non-residential places available for those local to Satterthwaite for either the whole weekend or part. Experience of Yoga is necessary.

Yoga sessions are to be run by Mike McCabe. yogacheadle.com <<http://yogacheadle.com>>
All meals (mainly vegan with some vegetarian dishes) will be provided from the Friday evening meal through to Sunday lunch.
We have sponsorship to cover, accommodation, food and all other costs so EVERY PENNY DONATED GOES DIRECTLY TO CHARITY. A funding stream called #CAN was created by friends in memory of the lovely Carol Walton to celebrate her fun-loving, determined & adventurous spirit. This stream funds research projects into the very rare Adenoidal Cystic Carcinoma (ACC) & the important work of the Get A-Head charity.

getahead.org.uk <<http://getahead.org.uk>>
Suggested donation: £120 non-residential, all meals included.

For more information or to register your interest contact Jenny : -
07866545760 jennywren213@hotmail.co.uk

SATTERTHWAITE PARISH COUNCIL NEWS

Firstly, we would like to thank everyone who turned out to help with the litter pick, fantastic efforts and a lot of rubbish collected. The defibrillator that was held in Satterthwaite was taken to Oxen Park and is now situated in the telephone box for anyone to use. Helen has been in touch with the First Responders in Hawkshead and we are looking to do the same as Oxen Park and secure use of the phone box in Satterthwaite for the defibrillator. We are also looking to possibly recruit some new first responders in Satterthwaite if anyone is interested please contact Neil Morris
morrisfamily123@hotmail.co.uk

The Rural Crime Initiative - Just an update of the RCI. We have received the paperwork from the PCC for the grant money to purchase the 2 ANPR cameras. The signed forms have been sent back to the PCC, we are just waiting for the funds to be transferred to our account to buy and site the cameras.

Full copies of the minutes for Parish Council meetings are available on the Parish website. The next meeting will be held at the Forestry Commission Offices on 30th April 2018 at 7.30pm Any issues for the Parish Council please email clerk.satterthwaitepc@gmail.com

CHURCH NEWS

Dear Friends,

As I write this, winter is still seems to be with us and the showers, when they come, are heavy and the precipitation last week was suspiciously white. But, nevertheless, I know that spring is on its way; partly because it always is at this time of year and partly because there are the beginnings of flowers everywhere, new life straining to be released. Life and colour are clamouring to break through. Every spring we are reminded that creation did not happen just once at the beginning of time but happens all the time, a continuing process of new life and freshness which I believe must have God at its heart.

The Church has its most important festival in spring. For Christians, Easter is even more important than Christmas. Winter is a good time to celebrate Christmas because it brightens up those darkest of winter days and nights. Church services at Christmas tend to have imagery of light shining in darkness. And spring, with its abundant new life, is a good time of year for us to celebrate Easter, this most special of celebrations. In winter nature seems dead but it suddenly breaks forth into life when spring comes. For the first disciples Jesus was certainly dead on Good Friday, but just around the corner was unexpected new life. Easter is new life for Christ in his resurrection from the dead and it is new life for all of us who follow him.

John

The Vicarage, Hawkshead. 015394 36301 jjcedixon@btinternet.com

CHURCH SERVICES FOR APRIL

Sunday	Colton	Rusland	Satterthwaite
April 1 st	9.30 Holy Communion	11.15 Holy Communion	9.45 Holy Communion
8 th	10.30 Holy Communion	11.15 Holy Communion	6pm Evensong
15 th	9.30 Morning Worship	6pm Evensong	9.45 Morning Worship
22 nd	9.30 Holy Communion		11.15 Holy Communion
29 th	9.30 Holy Communion		

Sunday	Hawkshead	Sawrey
April 1 st	9.30 Holy Communion	6pm Churches Together H.C. 11.15 Holy Communion
8 th	9.30 Holy Communion	6pm Celtic Evening Prayer 11.15 Matins
15 th	9.30 Holy Communion	11.15 Holy Communion
22 nd	9.30 H.C. with Sunday School	6pm Taize Style Service 11.15 Morning Worship
29 th		10.00 Joint Benefice Service

BENEFICE WALK

The next benefice walk will be on Thursday 19th April. Meet at 10.30am in Ings, where there is off-road parking by the Watermill pub and on the adjacent side road (going south towards the railway line). We shall visit St Anne's church and the walk will be on the fells to the south of the village and along part of the Dales Way. Bring a picnic. Further details from Gillian 015394 36296 or Sarah 07824 797497.

RUSLAND AND DISTRICT WI

At the March meeting our Vice President Barbara Woddy presided. This very busy WI already has a craft group meeting weekly and is now making plans to hold a self-help half day in IT, a photography group to produce a calendar, with Japanese Haiku poems accompanying the pictures, entering the Furness Area quiz evening, a visit to the Theatre by the Lake to see Sense and Sensibility and having lunch at the Motor Boat Club on Windermere. Our speaker for the evening was a return visit by Janet Smith, after 15 years, who gave us a most interesting talk on "The Cavendish Ladies". She was thanked by Sue Maxwell. The next meeting will be on Tuesday, April 17th at 7.30 p.m. at the Rusland Reading Room when our speaker will be our own Barbara Woddy who will give a talk about her father in the Second World War entitled "Fifteen Minutes to the Dutch Coast." If you would like to see what this dynamic WI is up to, please come along. You would be most welcome.

INFORMATION FROM CITIZENS' ADVICE

Q. I have a long-term health condition but I recently had my Personal Independence Payment (PIP) reduced after a re-assessment. I want to challenge the decision - where do I start?
A. The first stage is known as mandatory reconsideration. Write to the Department for Work and Pensions (DWP) within a month to take a second look at your assessment decision.
List all the reasons why you don't think your PIP award should be reduced, with evidence such as practical examples, medical records and supporting letters from specialists who are treating you. You can submit evidence separately later if necessary. You'll receive a Mandatory Reconsideration Notice which says if your request has been successful. If it is, your original award will be reinstated and your payment backdated.
If you're unsuccessful, you could choose to progress to the second challenge stage, where you take your case to appeal tribunal. For help filling in the tribunal form and preparing for your hearing, contact your nearest Citizens Advice on 015394 46464 or visit the website.